

Southern Public Schools

Breakfast Menu

October 2022

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	3 Cereal Graham Cracker Fruit Milk	4 Pancake w/ Syrup Sausage Links Juice Milk	5 Egg & Sausage Croissant Fruit Milk	6 Cereal Bar Ham Patty Juice Milk	7 Cereal Graham Cracker Fruit Milk	8 SOUTHERN PUBLIC SCHOOLS IS AN EQUAL OPPORTUNITY PROVIDER AND EMPLOYER
9	10 NO SCHOOL	11 Cereal Graham Cracker Fruit Milk	12 Pop tart Ham Patty Juice Milk	13 Breakfast Pizza Fruit Milk	14 Cereal Teddy Grahams Juice Milk	15
16	17 Cereal Graham Cracker Juice Milk	18 French Toast Sausage Patty Fruit Milk	19 Bagel w/ Cream Cheese Ham Patty Juice Milk	20 Breakfast Burrito Fruit Milk	21 Cereal Graham Cracker Juice Milk	22
23	24 Cereal Graham Cracker Fruit Milk	25 Doughnuts Sausage Patty Juice Milk	26 Sausage Gravy on Biscuit Fruit Milk	27 Cereal Fruit Juice Milk	28 NO SCHOOL	29
30	31 Cereal Graham Cracker Fruit Milk					



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Lunch Menu

October 2022

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	3 Polish Dog on Bun Scalloped Potatoes Pudding Cup Milk	4 Pizza Quesadilla Tossed Salad Apple Crisp Milk	5 Hamburger Gravy on Potatoes Green Beans PB&J Milk	6 Raider Burger on Bun French Fries Frosted Graham Cracker Milk	7 Chicken Patty on Bun Sun Chips Cole Slaw Milk	8 SOUTHERN PUBLIC SCHOOLS IS AN EQUAL OPPORTUNITY PROVIDER AND EMPLOYER
9	10 NO SCHOOL	11 Cream Chicken on Biscuit Peas Cereal Bar Milk	12 Spaghetti Garlic Bread Corn Milk	13 Ham Patty on Bun Nacho Chips & Cheese Broc. & Caulif. w/ cheese Milk	14 Chicken Fajita w/Cheese Refried Beans Churro Milk	15
16	17 Fiestada Baked Beans Banana Cake w/ Frosting Milk	18 Sloppy Joe Sun Chips Jell-O w/ Topping Milk	19 Chili Cinnamon roll Corn Milk	20 Corn Dog Rice w/ Cinnamon Sugar Peas Milk	21 Breakfast for Lunch Waffles Omelet Hash Brown Sausage Patty Milk	22
23	24 Hot Ham Puff Sun Chips Trail Mix Milk	25 Hot Beef Sandwich Mashed Potatoes Choc. Cake Milk	26 Raider Pocket w/ Gravy Corn Oreo Cookie Milk	27 Turkey & Cheese Croissant Sun Chips Teddy Grahams Milk	28 NO SCHOOL	29
30	31 Halloweenies Baked Beans Potato Chips Halloween Cookie Milk					